

# ERGOTEC – MAJLEN SUNSHINE RACE No. 1

Friday, 8. Sept. 2023 in Winterberg – Sportregion Hochsauerland

| START TIME | Theme                            | regulation                                      | members       | RIDING TIME |
|------------|----------------------------------|---|---------------|-------------|
|            |                                  |   |               | (min.)      |
| 14:00      | Track Inspection riders XCO      | Track inspection without bike                   | all riders    | 60          |
| 14:00      | Track Inspection riders "Slalom" | Track inspection without bike                   | U11, U13, U15 | 60          |
| 15:00      | Track Inspection riders XCO      | Track inspection on bike, defensive riding only | all riders    | 180         |
| 15:00      | Track Inspection riders "Slalom" | Track inspection on bike, defensive riding only | U11, U13, U15 | 180         |
| 20:00      | End of all riding                |   |               |             |